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NORTH BEND CENTRAL

Building Success Together



748 N. Main St, North Bend, NE 68649
Phone: 402-652-3217 Hours: M-F 9-6pm Sat 9-1pm



**MEDICINE MAN
- PHARMACY -**

Dear Parents/guardians,

The Medicine Man Pharmacy is working with your child's school to help provide the annual influenza vaccine.

The Flu Clinic will be held on Tuesday, September 29th from 2:30pm-4:30pm at the North Bend Central High School cafeteria.

The cost of the vaccine is billed to your insurance, please be sure to bring your insurance card or appropriate cards. If your child is a minor and you want them to receive the flu vaccine, you need to sign the parent consent portion prior to the vaccine being given.

- **Sign the consent form prior to receiving the vaccine**
- **Show up to the Flu Clinic & maintain social distancing guidelines**

Per Three Rivers School Guidance, **If you have any two of the following signs or symptoms:** Fever (100.4 or >), chills, rigors, muscle pain, headache, sore throat, nausea or vomiting, diarrhea, fatigue, congestion or runny nose **OR at least one of the following:** new cough, shortness of breath, difficulty breathing, new loss of taste/smell **OR have been exposed to someone who tested positive to COVID 19 recently OR have been tested recently yourself, please do not enter the school building.**

****Will there be flu along with COVID-19 in the fall and winter?** While it's not possible to say with certainty what will happen in the fall and winter, CDC believes it's likely that flu viruses and the virus that causes COVID-19 will both be spreading. In this context, **getting a flu vaccine will be more important than ever. CDC recommends that all people 6 months and older get a yearly flu vaccine.**

****Can I have flu and COVID-19 at the same time?** Yes. It is possible have flu, as well as other respiratory illnesses, and COVID-19 at the same time. Health experts are still studying how common this can be.

****Some of the symptoms of flu and COVID-19 are similar, making it hard to tell the difference between them based on symptoms alone. Diagnostic testing can help determine if you are sick with flu or COVID-19. Please visit the CDC's influenza website at <https://www.cdc.gov/flu/season/faq-flu-season-2020-2021.htm> for any questions.**

Sincerely,

Megan Brokaw RN-BSN